

NEW YEAR, NEW YOU²

NARATHON






















> 24-HOURS OF RECOVERY <

Ring in the New Year with Nar-Anon virtual meetings from all over the world.

BEGINS:
Dec 31, 2021 @ 8pm EST

ENDS:
Jan 1, 2022 @ 8pm EST

EVENT SCHEDULE

TIME	TOPIC / LANGUAGE	HOSTED BY
8:00 PM (20:00) EST	DETACH WITH LOVE (ENGLISH)	CENTRAL REGION, USA 
9:00 PM (21:00) EST	YOU ARE NOT ALONE (ENGLISH)	ROCKY MOUNTAIN REGION, USA 
10:00 PM (22:00) EST	SICK AS OUR SECRETS (ENGLISH)	NORTHERN CALIFORNIA, USA 
11:00 PM (23:00) EST	GRATITUDE (ENGLISH)	MISSOURI, USA 
12:00 AM (0:00) EST	STEP 12 (PERSIAN)	IRAN 
1:00 AM (1:00) EST	GOD IS IN THE PAUSE (ENGLISH)	CALIFORNIA, USA 
2:00 AM (2:00) EST	PROGRESS NOT PERFECTION (RUSSIAN)	URAL REGION, RUSSIA 
3:00 AM (3:00) EST	STEP 9 (ENGLISH)	SPAIN 
4:00 AM (4:00) EST	STEP 3 (RUSSIAN)	BASHKORTOSTAN, RUSSIA 
5:00 AM (5:00) EST	NOTHING HAPPENS IN GOD'S WORLD BY MISTAKE (RUSSIAN)	MOSCOW REGION, RUSSIA 
6:00 AM (6:00) EST	CHANGING THE THINGS I CAN (RUSSIAN)	RUSSIA 
7:00 AM (7:00) EST	ADMITTING WE ARE POWERLESS (ENGLISH)	ONTARIO, CANADA 
8:00 AM (8:00) EST	STAY IN YOUR OWN LANE (TURKISH)	TURKEY 
9:00 AM (9:00) EST	STEP 1 (ENGLISH / HINDI)	INDIA 
10:00 AM (10:00) EST	PEACE AND SERENITY (FRENCH)	BRUSSELS, BELGIUM 
11:00 AM (11:00) EST	STEP 4 (ENGLISH)	ROCHESTER, NEW YORK - USA 
12:00 PM (12:00) EST	THIS TOO SHALL PASS (ENGLISH)	CALIFORNIA, USA 
1:00 PM (1:00) EST	SPIRITUAL AWAKENING (HEBREW)	ISRAEL 
2:00 PM (2:00) EST	BE WHERE YOUR HANDS ARE (ENGLISH)	KANSAS CITY, MISSOURI - USA 
3:00 PM (3:00) EST	SURRENDER (ENGLISH)	HOPE AFTER LOSS, CALIFORNIA - USA/INT'L 
4:00 PM (4:00) EST	SELF CARE (ENGLISH)	NORTH CAROLINA, USA 
5:00 PM (5:00) EST	I MATTER! (ENGLISH)	AUCKLAND, NEW ZEALAND 
6:00 PM (6:00) EST	ONE DAY AT A TIME (ENGLISH)	SEATTLE, WASHINGTON - USA 
7:00 PM (7:00) EST	NOTHING CHANGES IF NOTHING CHANGES (ENGLISH)	GOLDEN, COLORADO - USA 

JOIN US IN THE RMR VIRTUAL MEETING ROOM
visit NARANONRM.org or SCAN the QR CODE



HOSTED BY: ROCKY MOUNTAIN REGION

