

Nar-Anon

Global Online Region

If someone's addiction is affecting you, first you must help yourself. Addiction is a family disease. It affects the relationships of those closest to the addict.

At Nar-Anon meetings you will hear others who are going through similar problems, talk about how they cope and find recovery.

To find our virtual meetings:
<https://naranonglobalonline.org/meetings>

